

氣 內 臟

Chi Nei Tsang 1 & 2

Daoist Abdominal Massage
and Japanese Ampuku

February 2025

Both classes 9am-5pm daily

21 CEUs NCBTMB

**White Cloud
Institute**
Taoist Studies and
Energy Medicine

Class location:
620 N. 7th st.
Tucson, AZ
Tucson Massage
CE Institute

Visit our website at
www.whitecloudinstitute.info

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Bellingham, Wash 98228

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Chi Nei Tsang 1 / Anmo therapy has roots in Traditional Chinese Medicine. Learn basic hands-on techniques to restore health and vitality to the internal organs. This course will cover the history and fundamental principles of Chi Nei Tsang, beginning anatomy & physiology of the internal organs, Taoist meditations and qigong to increase the flow of chi through your body, and several treatment protocol. This course will give you a firm foundation in this ancient healing tradition. Techniques are easily incorporated into your existing massage sessions and beneficial for self and families.

February 5-7 \$550 To register 505 670-3538

Chi Nei Tsang level 2 Chasing the Winds / Ampuku comes from the tradition of Hara treatments which survived in Japan during the Edo period and preceded Shiatsu. We will look at the energetic structure of the meridians, use tuning forks, and have one day of focus on Pelvic Health treatments. Learn Bone Breathing Qigong and other Daoist meditations.

February 20-22. \$550 Call to register 505 670-3538

Taught by Caryn Boyd Diel, founder of White Cloud Institute and Senior Healing Tao Instructor. Credit towards Chi Nei Tsang Certification through White Cloud Institute